



# CMOS PATIENT INFORMATION SHEET



Australia's leading contract research organization focused exclusively  
on medicinal cannabis treatments

## What is the CMOS study?

The Cannabinoid Medicine Observational Study (CMOS) is Australia's largest medicinal cannabis observational study. This study aims to collect important real-world evidence on Australian medicinal cannabis prescribing and its outcomes in a 20,000 patient cohort within a 5 year period.

## What will the study involve for me?

Your doctor will identify if you are eligible for the study. If you are deemed eligible your doctor will enrol you in the study, where they will provide your diagnosis, details of other medications you take and your contact information as you have provided to them.

You will then be sent an electronic link via email to complete the CMOS consent form. By signing the CMOS consent form you consent to you and your doctor being contacted by the ACR research team.

You will be contacted monthly to complete the study questionnaires via an email link. The questionnaires take 5-15 minutes to complete. These will include questions about what dose you are taking, any side effects you may have experienced, how you are feeling and changes to other medications.

If you have any concerns about your ability to complete these questionnaires You can ask someone to assist you in completion of these questionnaires. Alternatively, you will be provided the option to complete these over the phone with a member of the ACR research team if you prefer.

## Why participate in the study?

The CMOS study is an opportunity to contribute to the development of better treatment options using medicinal cannabinoids for various conditions. Despite the growing demand for cannabinoid treatment options, there have been limited efforts to systematically collect data on prescribing patterns, patient outcomes and safety related to medicinal cannabis prescribing. As a result there is little supporting data around how prescribing has affected treatment outcomes. The CMOS study aims to fill this gap and collect important real-world evidence on Australian medicinal cannabis prescribing and its outcomes.

## How do I join the CMOS study?

### 1. Check your eligibility

Take the 60-second screening survey to check if you are eligible to participate in the study

### 2. Book an appointment

Book an appointment with a CMOS approved doctor. (You'll see the CMOS doctor directory once you've passed the screening survey).

### 3. Confirmation

Doctor enrolls you in the CMOS study and receive an invitation via email.

## Are there any benefits associated with being in the study?

The primary benefit is helping to advance medical research. Engagement in research has also been generally shown to improve patient outcomes. Low cost products may also be available for your involvement in the study.

## How much of my time will the study take?

You will complete questionnaires monthly. The questionnaires will take 5-15 minutes to complete.

## Who is running the study?

The study is conducted by Applied Cannabis Research, which is a contract research organisation that specialises in studies of medicinal cannabis products. We work with industry and also clinical collaborators from universities and hospitals.

### The CMOS study investigators are:

- » Dr John Barlow - Principal Investigator
- » Niamh Moloney - Research Lead

## What will happen to information about me that is collected during the study?

Prescribing doctors will be provided with aggregate data reported from the CMOS study cohort at the end of each quarter giving them feedback about study enrolment, AE reporting, product choice and prescribed dosage.

Data will be provided as anonymised aggregate data with summary information only presented. Upon study completion, the results will be published in a peer-reviewed journal, disseminated to all participating study sites and made available to patients.

## How will my privacy be protected?

All data we collect about you will be grouped and de-identified for reporting and analysis so that you will not be identified nor will you be able to be identified outside the study team.

## Who can take part in the study?

### The CMOS study is seeking eligible patients who are:

- » 18+ years of age and are living in Australia
- » Able to complete questionnaires in English
- » Able to provide informed consent
- » Have access to the internet or a smartphone
- » Eligible for medicinal cannabis as a form of treatment

Eligibility for this study and medicinal cannabis treatment will ultimately be determined by your consulting doctor.

## Do I have to be in the study? Can I withdraw from the study once I've started?

There is no requirement for you to participate in the CMOS study in order to receive medicinal cannabis treatment from your doctor, and there is no penalty for not participating. The study is optional. You may withdraw your participation from the study at any time. There is no penalty for doing so. There is the possibility that some medicinal cannabis products available within the study may be subsidised in price for study participants. If this is the case, then withdrawal from the study could

financially disadvantage you should you be prescribed one of these subsidised products. You should know that the information collected about you prior to your withdrawal will be used in the study analyses. This is because we will be conducting regular analysis and reports that are fed back to participating doctors. Therefore, we will not be able to retrospectively remove your data from these reports. Any reporting of your data from the study will not allow for you to be identified in any way.

## What if I would like further information about the study?

When you have read this information, your doctor prescribing you medicinal cannabis will be available to discuss it with you further and answer any questions you may have. If you would like to know more at any stage during the study, please feel free to contact the CMOS study team on (+61) 2 8294 6406 or email [cmos@appliedcannabis.com.au](mailto:cmos@appliedcannabis.com.au)